

# Ten Warning Signs

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- 1. Recent Memory Loss That Affects Daily Living Skills**
- 2. Difficulty Performing Familiar Tasks**
- 3. Problems with Language**
- 4. Disorientation of Time, Place**
- 5. Poor or Decreased Judgment**
- 6. Problems with Abstract Thinking**
- 7. Frequently Misplacing Things**
- 8. Sudden Changes in Mood or Behavior**
- 9. Dramatic Changes in Personality**
- 10. Significant Loss of Initiative**

Alzheimer's disease is not normal aging. Alzheimer's disease is an illness which leads to a loss of cognitive abilities (i.e. memory, judgment, reasoning, language, perception, etc.). Symptoms usually occur in adults 65 years and older, although people in their 30s, 40s, and 50s may also be affected. Alzheimer's disease is the most common form of dementia. However, it is not the only cause of dementia.