



Support Groups around the state

A safe place for caregivers, family and friends of persons with dementia to share experiences and solutions.

Statewide Telephone Support Group

Alzheimer's Resource of Alaska	Caregiver	1st Saturday 1-2 PM 3rd Wednesday 1-2 PM Dial in 1-877-216-1555, Code 927989	Gay Wellman 822-5620 or (800) 478-1080 x5
--------------------------------	-----------	--	---

Anchorage

Alzheimer's Resource of Alaska 1750 Abbott Rd.	Caregiver	2nd Thursday	12PM-1:30 PM	Debbie Chulick
	Caregiver	4th Thursday	5:30-7:00 PM	561-3313
	Caregiver	2nd Tuesday	5:30-7:00 PM	Ann Farris 561-3313
Chester Park Cooperative 2020 Muldoon Rd.	Caregiver	1st & 3rd Friday	10 -11:30 AM	Kim Jung 561-3313

Eagle River

Holy Spirit Episcopal Church 17545 N. Eagle River Loop Rd.	Caregiver	2nd Thursday	5:00-6:30 PM	Debbie Chulick 561-3313
---	-----------	--------------	--------------	----------------------------

Fairbanks

Alzheimer's Resource of Alaska 565 University Ave. Suite 2	Caregiver	2nd Tuesday	5:30-7:00 PM	Joan Adams 452-2277
		3rd Tuesday	11:30-1:00 PM	

Homer

Homer Senior Center	Caregiver	2 & 4th Thursdays	2:30-3:30 PM	Pam Hooker 235-7655
---------------------	-----------	-------------------	--------------	------------------------

Ketchikan

Ketchikan Senior Center Upper Level	Caregiver	Call for more information		Bernice 225-8080
--	-----------	------------------------------	--	---------------------

Kodiak

Kodiak Senior Center 302 Erskine Ave.	Caregiver	4th Thursday	12:30-1:30 PM	486-6181
--	-----------	--------------	---------------	----------

Mat-Su Valley

Alzheimer's Resource of Alaska 10355 E. Palmer-Wasilla Hwy. AK Veterans & Pioneer Home	Caregiver	2nd Wednesday	1-2:30 PM	Kim Jung 561-3313
	Caregiver	First Friday	10:00-11:30 AM	Janice Downing 746-3413

Seward

Seward Senior Center	Caregiver	4th Thursday	1-2 PM	224-5604
----------------------	-----------	--------------	--------	----------

Sitka

Brave Heart Volunteers 120 Katlian Street	Caregiver	Call for more info.		747-4600
--	-----------	---------------------	--	----------

Soldotna

Soldotna Senior Center	Caregiver	2nd & Last Tuesday	1-3 PM	Judy Warren 262-1280
------------------------	-----------	--------------------	--------	-------------------------

Sterling Senior Center	Caregiver	1st Tuesday	1-2 PM	262-1280 or (800) 776-8210
------------------------	-----------	-------------	--------	-------------------------------