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PATHWAYS TO BRAIN HEALTH

An Interprofessional Dementia Summit

June 10, 2026 | 9:00 AM – 4:00 PM

The NAVE | Anchorage, Alaska

Program Overview

This interprofessional summit equips healthcare professionals with practical, evidence-based strategies to improve brain health, reduce dementia risk, and enhance care for individuals living with dementia.

Program length: 6.75 hours, including breaks | Contact hours pending accreditor rules



Registration Fees

Claiming CE: \$75 | Non-CE: \$25

[Scan the QR code to register.](#)

MORNING PROGRAM

9:15–9:45

Dementia Overview & Risk Reduction

Yvette Tousignant, BA | Alzheimer's Resource Alaska Education Director

Foundational overview of dementia, common types, progression, clinical features, and risk reduction across the lifespan.

Learning focus: dementia types; modifiable risk factors; brain-health strategies

9:45–10:15

Age-Friendly Pharmacists and Pharmacies Supporting Older Adults

Nicole J. Brandt, PharmD, MBA, BCGP, FASCP

Application of the Age-Friendly Health Systems 4Ms framework to pharmacy practice, medication safety, cognitive health, deprescribing, and dementia-capable care.

Learning focus: the 4Ms; barriers to person-centered care; team and care partner collaboration

10:15–10:30

Coffee “This or That” Networking Activity

Guided conversation prompts focused on brain health, prevention strategies, and care experiences.

10:30–11:30

Keynote: Hearing Loss and the Increased Risk of Developing Dementia

Presenter: TBD

Explores evidence linking hearing loss to cognitive decline and dementia risk, including mechanisms, early identification, intervention, and appropriate hearing treatment.

Learning focus: sensory health and cognitive health; intervention and referral opportunities; dementia prevention

Morning emphasis: prevention, early identification, dementia-capable care, and interprofessional collaboration.

Sessions translate evidence into practical strategies for patients, caregivers, and healthcare teams.

BREAKOUT SESSIONS & WORKING LUNCH

11:30 AM – 12:15 PM | PARTICIPANTS CHOOSE ONE BREAKOUT SESSION

Option A: Virtual Dementia Tour & Debrief

Immersive simulation of sensory and cognitive challenges experienced by people living with dementia. Debrief focuses on empathetic, person-centered care.

Learning focus: lived experience, communication, and environmental adaptations.

Option B: Cognitive Screening in Practice

Hands-on instruction in validated cognitive screening tools, including when and how to screen, how to interpret results, and how to determine referral pathways.

Learning focus: screening tools, result interpretation, and workflows.

Option C: Hands-On Skills Lab

Practical tools for dementia care using experiential learning, simulation, and guided practice. Topic: TBD.

Learning focus: care skills, person-centered techniques, communication, and reducing challenges.

12:15–1:15

Working Lunch: Topic Table Discussions

Led by Brandy Seignemartin, PharmD

Facilitated small-group discussions focused on key dementia care challenges, peer learning, and practical problem-solving.

Learning focus: dignity in daily care; challenging behaviors; caregiver fatigue; cultural considerations; safety and independence

1:15 – 2:15 PM | REPEAT BREAKOUT SESSIONS

Participants attend a second breakout session from the same options:

Option A: Virtual Dementia Tour & Debrief | Option B: Cognitive Screening in Practice | Option C: Hands-On Skills Lab: Practical Tools for Dementia Care (Topic TBD)

Breakout leads include Jane Thomas, Megan Peratrovich, and Stephanie Sanderlin from Alzheimer's Resource Alaska.

AFTERNOON PROGRAM & CLOSING

2:15–2:30

Break – Snacks & Refreshments

A short afternoon reset before the expert panel and closing reflections.

2:30–3:30

Expert Panel: Interprofessional Approaches to Dementia Care

Facilitator: Brandy Seignemartin, PharmD | **Panelists:** Michelle Bai, PharmD, BCGP; Holly Fisk, APRN, FNP-C, PMHNP-BC

Real-world discussion of medication management, care coordination, behavioral health integration, system-level barriers, innovations in dementia care, and audience Q&A.

Learning focus: professional roles; coordination across care settings; interdisciplinary approaches

3:30–4:00

Wrap-Up, Reflections & Networking

Led by Brandy Seignemartin, PharmD

Closing synthesis of key takeaways and actionable next steps participants can implement in practice, with time for networking and continued discussion.

Learning focus: summit concepts; one practice change; connections for ongoing collaboration

Daylong Themes

Brain health promotion • Dementia risk reduction • Early identification • Stigma reduction • Patient-centered care • Culturally responsive practice • Safety, autonomy, and dignity • Interprofessional collaboration

SPEAKER HIGHLIGHTS & PROGRAM OUTCOMES

SPEAKER HIGHLIGHTS

Yvette Tousignant, BA

ARA Education Director; supports professionals and families through the dementia journey.

Nicole J. Brandt, PharmD, MBA, BCGP, FASCP

Executive Director of The Peter Lamy Center; geriatric pharmacotherapy leader.

Brandy Seignemartin, PharmD

AKPhA Executive Director and clinical assistant professor at the UAA ISU Doctor of Pharmacy Program.

Jane Thomas, BS ChemE

ARA Outreach Specialist and ReCODE 2.0 Certified Health Coach focused on risk reduction.

Megan Peratrovich

Addiction Counselor and ARA Rural Outreach and Risk Prevention Specialist.

Stephanie Sanderlin, BEd

ARA Outreach Director building partnerships with healthcare, tribal health, and community providers.

Michelle Bai, PharmD, BCGP

Board-certified geriatric pharmacist and Director of Pharmacy for Pioneer Homes statewide.

Holly Fisk, APRN, FNP-C, PMHNP-BC

Family nurse practitioner with psychiatric certification and ARA board member.

PROGRAM LEARNING OBJECTIVES

- 1 Describe dementia epidemiology, common types, progression, and key risk and protective factors.
- 2 Identify evidence-based strategies to support brain health and reduce dementia risk.
- 3 Recognize the impact of stigma and apply strategies to reduce stigma in care settings.
- 4 Explain the relationship between sensory health, hearing loss, and cognitive decline.
- 5 Demonstrate cognitive screening tools and interpret results for follow-up and referral.
- 6 Apply person-centered communication and care strategies for people living with dementia.
- 7 Evaluate approaches to balancing safety, independence, and dignity.
- 8 Identify strategies to support caregivers and recognize caregiver burden.
- 9 Collaborate across interprofessional teams to improve coordination and outcomes.
- 10 Develop one actionable practice change to enhance brain health promotion or dementia care.

References and instructional materials may be added as available.