



Support Groups around the state

A safe place for caregivers, family and friends of persons with dementia to share experiences and solutions.

Statewide Telephone Support Group				
Alzheimer's Resource of Alaska	Caregiver	1st Saturday 1-2 PM 3rd Wednesday 1-2 PM Dial in 1-877-216-1555, Code 927989		Gay Wellman 822-5620 or (800) 478-1080 x5
Anchorage				
Alzheimer's Resource of Alaska 1750 Abbott Rd.	Caregiver	2nd Thursday	12PM-1:30 PM	Debbie Chulick
	Caregiver	4th Thursday	5:30-7:00 PM	561-3313
	Caregiver	2nd Tuesday	5:30-7:00 PM	Ann Farris 561-3313
Chester Park Cooperative 2020 Muldoon Rd.	Caregiver	1st & 3rd Friday	10 -11:30 AM	Kim Jung 561-3313
Eagle River				
Holy Spirit Episcopal Church 17545 N. Eagle River Loop Rd.	Caregiver	2nd Thursday	5:00-6:30 PM	Debbie Chulick 561-3313
Fairbanks				
Alzheimer's Resource of Alaska 565 University Ave. Suite 2	Caregiver	2nd Tuesday	5:30-7:00 PM	Joan Adams
		3rd Tuesday	11:30-1:00 PM	452-2277
Homer				
Homer Senior Center	Caregiver	2 & 4th Thursdays	2:30-3:30 PM	Pam Hooker 235-7655
Ketchikan				
Ketchikan Senior Center Upper Level	Caregiver	Call for more information		Bernice 225-8080
Kodiak				
Kodiak Senior Center 302 Erskine Ave.	Caregiver	4th Thursday	12:30-1:30 PM	486-6181
Mat-Su Valley				
Alzheimer's Resource of Alaska 777 N. Crusey Street, Ste. B101 Palmer Senior Center 1132 S. Chugach Street	Caregiver	2nd Tuesday	1-2:30 PM	Janice Downing 746-3413
	Caregiver	First Friday	10:00-11:30 AM	746-3413
Seward				
Seward Senior Center	Caregiver	4th Thursday	1-2 PM	224-5604
Sitka				
Brave Heart Volunteers 120 Katlian Street	Caregiver	Call for more info.		747-4600
Soldotna				
Soldotna Senior Center	Caregiver	2nd & Last Tuesday	1-3 PM	Judy Warren 262-1280
Sterling Senior Center	Caregiver	1st Tuesday	1-2 PM	262-1280
Talkeetna				
Sunshine Community Health Center	Caregiver	1st Monday	10:00-11:30	Janice Downing 746-3413