



COMMUNITY RESOURCE GUIDE - Anchorage area

Alzheimer's Resource of Alaska does not endorse any one agency over another.

This guide is provided as a service to clients and family care partners.

*This guide is not all inclusive; if you would like to add a resource,
please call Alzheimer's Resource of Alaska, 561-3313.*

*(*subsidy program provider)*

Adult Day Service Centers (Programs)

*Chugiak Senior Center-----688-2674
Enrichment Center for Mature Adults-----561-1083
Greenwood Lodge-----868-5297
LifeWorks (formerly Hearts & Hands)-----644-0480
Northern Lights Adult Day Services-----333-3003
*Serendipity-----279-0501
Turnagain Social Club-----677-6770

Adult Senior Centers

Anchorage Senior Activities Center-----258-7823
Chugiak Senior Center-----688-2677

Adult Senior Volunteer Programs

Older Person's Action Group-----276-1059
Volunteers of America-Senior Program---274-7787

Alert Systems

Tunstall NW Lifeline Alaska-----302-3814
Life Alert-(lifealrthelp.com)-----1-800-813-3104
Lifeline (Midnight Sun) -----677-7890
Project LifeSaver Alaska-----764-6511 or 250-1222

Community Mental Health Services

AK Brain Injury Network-----274-2824
AK Psychiatric Institute-----269-7100
AK Regional Hospital-----276-1131
Anch. Community Mental Health-----563-1000
Providence Crisis Recovery-----563-5006
Providence Hospital-----562-2211
Southcentrl Foundation Behavioral Health-729-2500

Driving Evaluation

Providence Rehab/Disabled Driver's Prg-212-6300

Emergency Services

EMERGENCIES-----911

Adult Protective Services-----269-3666
Comm. Mental Health 24-hr Crisis-----563-3200
Disaster Registry-(muni.org)-----343-1401

Eye Care Providers

AK Eye Care Centers-----272-2557
Eyemart Express-----336-4000
Ophthalmic Associates-----276-1617

Government and State

Adult Public Assistance-----269-6000
Alaska Medicare Information-----1-800-478-6065
Long Term Care Ombudsman-----334-4480
Office of Public Advocacy (guardianship)--269-3500
VA (Information line)-----257-4710

Health/Dental Clinics

Alaska Center for the Blind -----248-7770
Alaska Regional Senior Health Clinic-----433-5100
Anchorage Neighborhood Health Center--743-7200
Anchorage Project Access-----743-6600
Girdwood Health Clinic-----783-1355
Manuka Health Clinic-----222-6970
Providence Medical Group Primary Care--212-3420

Home Delivered Meal Programs

AK Dinner Factory-----677-6633
Food Bank of Alaska-----272-3663
Health Court Foods-----336-0075
*Older Alaskans Prgm-Meals on Wheels---349-0613
ReadyMade Dinners-----677-7763

Home Modifications & Equipment

Access Alaska-----248-4777
Accessible Home Store-----562-2330
AK StairLift & Elevator-----245-5438
Assistive Technology (ATLA)-----563-2599
NeighborWorks AK (HMA grant)-----677-8490
RurAL CAP-----279-2511

Hospice

Frontier Home Health & Hospice-----272-1275
Hospice of Anchorage-----561-5322
Providence Hospice/Home Health-----212-4400

Housing

Alaska Housing Finance Corp-----338-6100
Section 8/Rental Info.-----330-6100
Cook Inlet Housing Corp-----793-3000
NeighborWorks Anchorage-----677-8490

In Home Service Organizations

Anchorage Home Care-----351-6748
Comfort Keepers-----334-3000
*COMPASS Home Care-----276-6960
Consumer Direct Services-----222-2652
Easter Seals-----277-7325
Good Samaritan Care Services-----561-1600
Hearts & Hands of Care-----929-5826
Home Care Assistance-----770-0907
Home Instead-----277-4663
Home Well Senior Care-----868-3100
Maxim-----770-0862
McKinley Services-----258-5100
Midnight Sun Home Care-----677-7890
Preferred Care @ Home-----868-1919
Rescare Home-----770-9005
Revilla Home Care (transports too)-----290-4668
TLC Home Care-----336-2273
Trinion Quality Care-----644-6050
Visiting Angels-----868-2650
WellSpring Home Health-----357-3655

Legal - Mediation

Glenn Cravez-----276-3370
Drew Peterson-----561-1518

Legal Services

Alaska Bar Assoc. lawyer referral line-----272-0532
Alaska Legal Services-----272-9431
(www.alaskalawhelp.org)
AK State Assoc. for Guardianship & Advocacy,
(ASAGA)-----444-4015
Disability Law Center-----565-1002
Fair Housing Rights-----855-679-3247
Constance A. Aschenbrenner-----334-9200
Ilona Besseney-----278-2000
Michael Gershel-----274-9099
Amrit Kaur Khalsa-----277-1595
Kenneth Kirk-----279-1659
Patrice Icardi-----929-3032
Paula Jacobson-----561-4905
Tonja Woebler-----272-0024

Loan Closets-Medical Equipment

Access Alaska-----248-4777
Alzheimer's Resource of Alaska-----561-3313
Hospice of Anchorage-----561-5322

Med-set Pharmacies & Medical Supplies

Anchorage Medset Pharmacy-----770-6081
Geneva Woods-----565-6100
Procure Medical Equipment-----274-0770
Interior Medical Supply-----561-8486

Neurologists/Neuropsychologists

Alaska NEURO Associates, LLC-----277-0100
Alaska Neurology Center-----565-6000
Neurological Consultants of AK(Dr. Downs)-277-1623
Peak Neurology-----331-3640
Providence Behavioral Medical Group----212-6900
Paul Craig, PhD-----274-8200
Mo Hillstrand, ANP-----263-2200

Private Appointment Companions

Adaptive Care-----440-7026 or ----333-7006
Anchorage Errand Service-----312-8096
Care Interlink -----306-7962
Caring Hearts Transportation Services-----770-5486
Reliable Passenger Transportation (MatSu)----632-9939
Solstice ProCare-----727-5828
Tracy's Loving Care Services-----360-3369
Wheel-Trans -----942-1090
Diane McDonald-----891-5607
Lisa Spencer-----830-1971
Desiree Thurman-----350-4887

Referrals & Resources

Aging & Disability Resource Centr(ADRC)-343-7770
Alaska 211.org-----211
Mabel T. Caverly Senior Sevices-----276-1496
Older Persons Action Group—(OPAG)-----276-1059
Senior & Disabilities Services (SDS)-----269-3681

Representative Payees

Community Payee Services-----561-9099
Denali Payee Services-----277-8016

Transportation Services (Formal)

AnchorRides-----343-6543
ASAP Transport(&Escort&IHS)-----230-6536
Lifemed-medical only-----563-6633
Lutheran Social Services-----272-0643
Mabel T. Caverly Senior Transportation----276-1496
Quick Rides-----268-8266
United-Non-Emergency-----222-7666

Traveling Professionals

Hairdresser-Cyndy Kroon-----243-0343
Music Ministry-Jennie Morris-----240-1443
Notary-Jennifer Higby-----350-8979
Notary-Paul Medcoff-----441-0332
Podiatrist-Dr.Klecka -----223-3900
Reflexology- Mary Reimann-----440-4238