

Caregiver Support Groups

Statewide

Every 1st Saturday, 1-2 pm
Every 3rd Wednesday, 1-2 pm
Dial in using [1-877-216-1555](tel:1-877-216-1555),
Code 927989#. For additional
information, contact Gay Wellman,
[822-5620](tel:822-5620) or [800-478-1080](tel:800-478-1080)x5

Anchorage

Every 4th Thursday, 5:30-7 pm
CONTACT: Debbie Chulick, [561-3313](tel:561-3313)

Eagle River

Every 2nd Thursday, 5-6:30 pm
CONTACT: Debbie Chulick, [561-3313](tel:561-3313)

Fairbanks

Every 2nd Tuesday, 4:30-6 pm
Every 3rd Tuesday, 1:00-2:30 pm
CONTACT: Joan Adams, [452-2277](tel:452-2277)

Homer

Every 2nd & Every 4th Thursday,
2:30-3:30 pm
CONTACT: Pam Hooker, [235-7655](tel:235-7655)

Ketchikan

Call for current schedule.
CONTACT: Bernice, [255-8080](tel:255-8080)

Kodiak

Every 4th Thursday, 12:30-1:30 pm
CONTACT: [486-6181](tel:486-6181)

Mat-Su Valley

Every 2nd Tuesday, 1:30-3 pm
CONTACT: Janice Downing [746-3413](tel:746-3413)

Every 1st Friday, 10-11:30 am
CONTACT: Kim Jung, [746-3413](tel:746-3413)

Seward

Every 4th Thursday, 1-2 pm
CONTACT: [244-5604](tel:244-5604)

Sitka

Call for current schedule
CONTACT: [747-4600](tel:747-4600)

Soldotna

Every 2nd and Last Tuesday, 1-3 pm
Every 1st Tuesday, 1-2 pm
CONTACT: Judy Warren, [262-1280](tel:262-1280)

Talkeetna

Every 1st Monday, 10-11:30 am
CONTACT: Kim Jung, [746-3413](tel:746-3413)

Willow

Every 1st Monday, 1:30-3 pm
CONTACT: Kim Jung, [746-3413](tel:746-3413)