

# Caregiver Support Groups throughout Alaska

## Statewide

Every 1st Saturday, 1-2 pm  
Every 3rd Wednesday, 1-2 pm  
Dial in using [1-877-216-1555](tel:1-877-216-1555), Code 927989#.  
For additional information, contact Gay Wellman, [822-5620](tel:822-5620) or [800-478-1080](tel:800-478-1080)

## Anchorage

Every 4th Thursday, 5:30-7 pm  
CONTACT: Debbie Chulick, [561-3313](tel:561-3313)

## Eagle River

Every 2nd Thursday, 5-6:30 pm  
CONTACT: Debbie Chulick, [561-3313](tel:561-3313)

## Fairbanks

Every 2nd Tuesday, 4:30-6 pm  
Every 3rd Tuesday, 1:00-2:30 pm  
CONTACT: Joan Adams, [452-2277](tel:452-2277)

## Homer

Every 2nd & 4th Thurs, 2:30-3:30pm  
CONTACT: Pam Hooker, [235-7655](tel:235-7655)

## Juneau / Southeast

Every 1st & 3rd Thursday 12 -1 pm  
CONTACT: Aimee [463-6177](tel:463-6177)

## Ketchikan

Call for current schedule.  
CONTACT: Bernice, [255-8080](tel:255-8080)

## Kodiak

Every 4th Thursday, 12:30-1:30 pm  
CONTACT: [486-6181](tel:486-6181)

## Mat-Su Valley

Every 2nd Tuesday, 1:30-3 pm  
CONTACT: Janice Downing [746-3413](tel:746-3413)

Every 1st Friday, 10-11:30 am  
CONTACT: Kim Jung, [746-3413](tel:746-3413)

## Seward

Every 4th Thursday, 1-2 pm  
CONTACT: [244-5604](tel:244-5604)

## Sitka

Call for current schedule  
CONTACT: [747-4600](tel:747-4600)

## Soldotna

Every 2nd and Last Tuesday, 1-3 pm  
Every 1st Tuesday, 1-2 pm  
CONTACT: Dani Keschull, [262-1280](tel:262-1280)

## Talkeetna

Every 1st Monday, 10-11:30 am  
CONTACT: Kim Jung, [746-3413](tel:746-3413)

## Willow

Every 1st Monday, 1:30-3 pm  
CONTACT: Kim Jung, [746-3413](tel:746-3413)