



Alzheimer's
Resource
of Alaska



Caregiving 101 Webinar:

Brain Games

Every 4th Thursday

1:00 PM - 2:00 PM

[CLICK HERE TO REGISTER](#)

**For more information or
registration assistance:**

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☎ [907-561-3313](tel:907-561-3313)

Exercising the brain is
as important as
exercising the body.

Join your friends and
neighbors for learning,
activity and fun.

Free to attend!

*Registration required. Share with
friends and family.*