



**Alzheimer's
Resource
of Alaska**



Caregiving 101 Webinar: **Behaviors that Challenge Us**

Friday, March 5

1:00 PM - 2:30 PM

CLICK HERE TO REGISTER

**For more information or
registration assistance:**

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Caring for someone with dementia can be hard when they begin to lose their sense of memory and language. Communication starts to take different forms and might include expression through challenging behaviors such as yelling, acting out, or withdrawing.

There is a reason! Learn how to rethink behaviors as forms of communication while strategizing appropriate responses.

Free to attend! Registration required. Share with friends and family.