



**Alzheimer's  
Resource  
of Alaska**



## Caregiving 101 Webinar: **Family Meeting**

**Tuesday, March 16**

5:30 PM - 7:00 PM

**CLICK HERE TO REGISTER**

**For more information or  
registration assistance:**

**Joan Adams**

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How can we involve different family members, near and far, in the responsibilities of caregiving? In this class you will learn how a family meeting might bring family members together to effectively: identify needs and concerns of a loved one and those providing day-to-day care, and create opportunities for the sharing of responsibilities in ways that realistically serve the family as a whole.

*Free to attend! Registration required. Share with friends and family.*