



Alzheimer's
Resource
of Alaska



Savvy Caregiver

6-week webinar, meeting every Tuesday

Tuesday, January 12 -

Tuesday, February 16

10:00 AM - 12:00 PM

**To register or for more
information contact:**

Kim Jung

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*Screening & Pre-Registration
required. Availability is limited.*

This class is for family members caring for a loved one with Alzheimer's disease or related dementias. A 6-week course (meeting 1 time per week for two hours) that focuses on improving the practice of caregiving. There is discussion of decision making and the emotions you may face, as well as a thorough overview of Alzheimer's and related dementias.