



Alzheimer's  
Resource  
of Alaska



# Art Links

Every 1<sup>st</sup> & 3<sup>rd</sup> Thursday

1:00 PM - 1:45 PM

Upcoming Sessions:

Oct. 7, and Oct. 21,  
Nov. 4, and Nov. 18,  
Dec. 2, and Dec. 16

**To register or for more  
information:**

Janice Downing

✉ [jdowning@alzalaska.org](mailto:jdowning@alzalaska.org)

☎ [907-864-3408](tel:907-864-3408)

Art Links is a social support program that promotes engagement for individuals diagnosed with Alzheimer's disease and related dementias or seniors at risk of isolation and depression. By using a variety of creative art ideas, we promote self-expression as well as socialization and meaningful connections. Come and share the joy of Art Links with us!

*Free to attend! Registration required. Share with friends and family.*