



**Alzheimer's  
Resource  
of Alaska**



Connect on Zoom  
**Virtual Memory Café**

**Oct. 14, Nov. 13, & Dec. 9**

**1:00 PM**

**To register or for more  
information contact:**

**Ann Farris**

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Memory Cafés allow people living with dementia and their care partners to engage in much-needed socialization and enjoy the company of others who are on the same journey.

Join our Memory Café for music, the chance to recharge, and enjoy each other's company.

*Free to attend for those living with dementia and their care partners, and for those looking to improve brain wellness. Registration required.*