



**Alzheimer's
Resource
of Alaska**



Caregiving 101 Webinar: **Fall Prevention**

Tuesday, November 16

5:30 PM - 7:00 PM

[CLICK HERE TO REGISTER](#)

**For more information or
registration assistance:**

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Falls are a leading cause of injuries in older adults and can result in loss of independence. In this class you will learn how to identify hazards in the home that can cause falls. We will also discuss how vision, medication management, and physical activity can make a difference in managing fall risk.

Free to attend! Registration required. Share with friends and family.