



**Alzheimer's
Resource
of Alaska**



Savvy Caregiver

6-week webinar, meeting every Tuesday

Tuesday, January 11 -

Tuesday, February 15

3:00 PM - 5:00 PM

**To register or for more
information contact:**

Ann Farris

✉ afarris@alzalaska.org

☎ [907-561-3313](tel:907-561-3313)

*Screening & Pre-Registration
required. Availability is limited.*

This class is for family members caring for a loved one with Alzheimer's disease or related dementias. A six week, two hour each week class that focuses on improving the practice of caregiving. There is discussion of decision making and the emotions you may face, as well as a thorough overview of Alzheimer's and related dementias.