



Alzheimer's
Resource
of Alaska



Caregiving 101 Webinar: **Creating Moments of Joy**

Wednesday, January 12

11:00 AM - 12:30 PM

[CLICK HERE TO REGISTER](#)

**For more information or
registration assistance:**

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Memories are made up of the moments in our lives. Many of these moments are shared with or inspired by others. Often it is we ourselves who create moments of joy for those we love. Creating these moments can become more challenging when caring for someone living with dementia.

Join us as we identify moments within a typical day that provide opportunities for joy and contented involvement.

Free to attend! Registration required. Share with friends and family.