



**Alzheimer's  
Resource  
of Alaska**



# Care Partner Support Groups

Meeting Twice Monthly

**Every 2<sup>nd</sup> & 4<sup>th</sup> Tuesday**

-OR-

**Every 2<sup>nd</sup> & 4<sup>th</sup> Saturday**

1:00 PM - 2:30 PM

10:30 AM - 12:00 PM

Having an intimate partner who has some form of dementia can create challenges that are different from those who are caring for a parent, sibling or other relative or friend.

**To register or for more  
information contact:**

**Gay Wellman**

✉ [gwellman@alzalaska.org](mailto:gwellman@alzalaska.org)

☎ [907-822-5620](tel:907-822-5620)

Alzheimer's Resource of Alaska currently has two separate support groups specifically for caregivers who are caring for their intimate partners.

These groups provide the space for partners to share and gain support from others who are learning how to deal with similar challenges.

*Free to attend. Registration required. Please Share with friends and family.*