



**Alzheimer's  
Resource  
of Alaska**



## Caregiving 101 Webinar: **“Normal” Aging vs “Not-Normal” Aging**

**Friday, January 21**

1:00 PM - 2:30 PM

[CLICK HERE TO REGISTER](#)

**For more information or  
registration assistance:**

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This Positive Approach to Care<sup>®</sup> workshop helps care partners understand and recognize the differences between “normal” and “not-normal” aging, and addresses typical issues that occur throughout the progression of dementia. Learn the value of matching helping behaviors to the person’s needs and retained abilities, and to promote a sense of control and self-direction.

*Free to attend! Registration required. Share with friends and colleagues.*