



**Alzheimer's
Resource
of Alaska**



Caregiving 101 Webinar:
**How occupational therapy can help people
living with dementia with everyday activities**

Monday, February 7

12:00 PM - 1:30 PM

[CLICK HERE TO REGISTER](#)

**For more information or
registration assistance:**

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Occupational therapists provide holistic care for people living with dementia and their loved ones by finding ways to enjoy life to its fullest. They assist by evaluating strengths and impairments to create a plan that helps individuals maintain their skills for as long as possible. Occupational therapists also equip caregivers with educational support to help prevent burnout and address worrying behaviors.

Free to attend! Registration required. Share with friends and family.