



Alzheimer's  
Resource  
of Alaska



Caregiving 101 Webinar:

# Downsizing and Decluttering

Friday, March 25

1:00 PM - 2:30 PM

[CLICK HERE TO REGISTER](#)

**For more information or  
registration assistance:**

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What is “downsizing?” What makes it difficult to declutter and downsize? What successes or challenges have you encountered in the downsizing process?

Come and join this interactive, conversational class about downsizing and decluttering family treasures, memorabilia, paperwork, and more.

*Free to attend! Registration required. Share with friends and family.*