



Alzheimer's  
Resource  
of Alaska



# Savvy Caregiver

6-week webinar, meeting every Tuesday

**Tuesday, April 12 -**

**Tuesday, May 24**

6:00 PM - 8:00 PM

[CLICK HERE TO REGISTER](#)

**To register or for more  
information contact:**

**Debbie Chulick**

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This class is for family members caring for a loved one with Alzheimer's disease or related dementias. Classes meet for 2 hours a week, over a six-week period, and focus on improving the practice of caregiving. There is discussion of decision making and the emotions you may face, as well as a thorough overview of Alzheimer's and related dementias.

*Screening & Pre-Registration required. Space is limited.*