



Alzheimer's
Resource
of Alaska



Professional Webinar:

Activity Box Ideas for People Living with Dementia

Tuesday, July 19

12:00 PM - 1:00 PM

[CLICK HERE TO REGISTER](#)

**For more information or
registration assistance:**

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People with dementia need activities where they can feel productive and engaged. Being engaged in a successful activity reduces agitation, anxiety and boredom. Activity boxes have many benefits such as preserving fine motor skills, providing feelings of self-worth, and satisfying sensory needs. In this class you will learn how to create fun and engaging activity boxes!

Free to attend! Registration required. Share with friends and family.