



Alzheimer's  
Resource  
of Alaska



Caregiving 101:

# Common Challenges Faced by Dementia Care Partners

**Online Webinar**

**Monday, August 22**

1:00 PM - 2:30 PM

*Free to attend! No registration required.*

– OR –

**Wasilla – In-Person Class**

**Tuesday, August 23**

1:00 PM - 2:30 PM

[CLICK HERE TO REGISTER](#)

*Free to attend! Registration required.*

As care partners it can be difficult to cope with and understand the behavior changes and challenges associated with dementia, such as: refusing care, repetition, shadowing, sundowning, delusions, agitation and other trying situations.

Join us to learn practical strategies to help you respond, manage and lessen the impact of these behaviors.

**For more information or registration assistance:**

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