



Alzheimer's
Resource
of Alaska



Caregiver Support Group

Sutton, Chickaloon, and Glacier View

Every 1st Friday

10:00 AM - 11:00 AM

For more info contact:

Kim Jung

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☎ [907-746-3413](tel:907-746-3413)

Free to join. Registration required.

Support groups are a way for people with a common experience to help and learn from each other. They can be an important source of emotional support as well as a great way to see what works for others and learn about local services.

*For a full list of caregiver support groups around Alaska,
visit our website www.alzalaska.org/support*