



Alzheimer's  
Resource  
of Alaska



Anchorage Senior  
Activity Center



## Anchorage In-person **Memory Café**

**Thursday, October 27**

**3 PM – 4 PM**

**Anchorage Senior Activity Center**

1300 E 19th Ave,  
Anchorage, AK 99501

### **For more information:**

**Ann Farris**

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### **October Theme: Gameshows!**

Memory Cafés are an opportunity for people living with dementia and their care partners to engage in much-needed socialization and enjoy the company of others who are on the same journey.

Join our Memory Café for the music, the chance to recharge, and to enjoy each other's company!

*Free to attend for those living with dementia and their care partners, and for those looking to improve brain wellness. No registration required.*