



Alzheimer's
Resource
of Alaska



Caregiving 101 Webinar:

Dining and Dementia

Friday, October 7

1:00 PM - 2:30 PM

[CLICK HERE TO REGISTER](#)

**For more information or
registration assistance:**

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For many of us, joining together over meals is a cornerstone of home life. Yet meals can become stressful as dementia progresses.

Our goal is to help you understand how this disease impacts eating, and to provide tips and tools to improve the nutritious dining experience for everyone at the table.

Free to attend! Registration required.