



Alzheimer's
Resource
of Alaska



Savvy Caregiver

6-week webinar, meeting every Monday

Monday, October 3 -

Monday, November 7

1:00 PM - 3:00 PM

**To register or for more
information contact:**

Janice Downing

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*Screening & Pre-Registration
required. Space is limited.*

This class is for family members caring for someone with Alzheimer's disease or related dementias. Classes meet for 2 hours a week, over a six-week period, and focus on improving the practice of caregiving. There is discussion of decision making and the emotions you may face, as well as a thorough overview of Alzheimer's and related dementias.