

# COMMUNITY RESOURCE GUIDE - Anchorage area

Alzheimer's Resource of Alaska does not endorse any one agency over another.

This guide is provided as a service to clients and family care partners.

This guide is not all inclusive; if you would like to add a resource, please call Alzheimer's Resource of Alaska, 561-3313.



## Adult Day Service Centers (Programs)

* Chugiak Senior Center	(907) 688-2674
Enrichment Center for Mature Adults	(907) 561-1083
Greenwood Lodge	(907) 868-5297
Lifeworks (formerly Hearts & Hands)	(907) 644-0480
Northern Lights Adult Day Services	(907) 333-3003
*Serendipity	(907) 279-0501
Southcentral Found. Elder Program	(907) 729-6500
Turnagain Social Club	(907) 677-6770

## Adult Senior Centers

Anchorage Senior Activity Center	(907) 258-7823
Chugiak Senior Center	(907) 688-2677

## Alert Systems

Connect America	(907) 302-3814 or 1-877-988-6769
Life Alert-(lifealrthelp.com)	1-800-813-3104
Lifeline (Midnight Sun )	(907) 677-7890
Project Lifesaver Alaska	(907)764-6511 or (907) 250-1222
QMedic	1-877-241-2244

## Community Mental Health Services

AK Brain Injury Network	(907) 274-2824
AK Psychiatric Institute	(907) 269-7100
AK Regional Hospital	(907) 276-1131
Anch. Community Mental Health	(907) 563-1000
Providence Crisis Recovery	(907) 563-5006
Providence Hospital	(907) 562-2211
Southcentral Foundation Behavioral Health	(907) 729-2500

## Driving Evaluation

Providence Rehab/Disabled Driver's Prg-	(907) 212-6300
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## Emergency Services

<b>EMERGENCIES</b>	<b>911</b>
<b>National Suicide Prevention Lifeline</b>	<b>988</b>
Adult Protective Services	1-800-478-9996
Alaska Careline	1-877-266-4357
Comm. Mental Health 24-hr Crisis Line	(907) 563-3200
Anchorage Emergency Conditions Line	(907) 343-4701

\* subsidy program provider

## Government and State

Adult Public Assistance	1-800-478-7778
Alaska Medicare Information	1-800-478-6065
Long Term Care Ombudsman	(907) 334-4480
Office of Public Advocacy (guardianship)	(907) 269-3500
Anchorage Social Security Local Office	1-866-772-3081
Alaska Office of Veteran's Affairs	(907) 334-0874

## Health Clinics/Hospitals

Alaska Center for Blind-Low Vision Clinic	(907) 248-7770
Alaska Family Care	(907) 929-5888
Alaska Regional Hospital main number	(907) 276-1131
Alaska Regional Senior Health Clinic	(907) 433-5100
Anchorage Neighborhood Health Center	(907) 743-7200
Anchorage Project Access	(907) 743-6600
Girdwood Health Clinic	(907) 783-1355
Providence Hospital main number	(907) 562-2211
Providence Medical Group Primary Care	(907) 212-3420

## Home Delivered Meal Programs

AK Dinner Factory	(907) 677-6633
Food Bank of Alaska	(907) 272-3663
Health Court Foods	(907) 336-0075
*Older Alaskans Prgm-Meals on Wheels	(907) 349-0613
ReadyMade Dinners: ready-made-dinners.square.site	

## Home Modifications & Equipment

Access Alaska	(907) 248-4777
Accessible Home Store	(907) 562-2330
AK Stairlift & Elevator	(907) 245-5438
Assistive Technology (ATLA)	(907) 563-2599
NeighborWorks AK (HMA grant)	(907) 677-8490
RurAL CAP	(907) 279-2511

## Hospice

Ancora Home Health & Hospice	(907) 561-0700
Hospice of Anchorage	(907) 561-5322
Providence Hospice/Home Health	(907) 212-4400

## Housing

AK Housing Finance Corp./Section 8 info	(907) 330-6100
Cook Inlet Housing Corp	(907) 793-3000
NeighborWorks Anchorage	(907) 677-8490

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### In Home Service Organizations

Comfort Keepers	(907) 334-3000
*COMPASS Home Care	(907) 276-6960
Consumer Direct Services	(907) 222-2652
Easter Seals	(907) 277-7325
Good Samaritan Care Services	(907) 561-1600
Hearts & Hands of Care	(907) 929-5826
Home Instead	(907) 277-4663
Home Well Senior Care	(907) 868-3100
Maxim	(907) 770-0862
McKinley Services	(907) 258-5100
Midnight Sun Home Care	(907) 677-7890
Preferred Care @ Home	(907) 868-1919
Rescare Home	(907) 770-9005
TLC Home Care	(907) 336-2273
Trinion Quality Care	(907) 644-6050
Visiting Angels	(907) 868-2650
WellSpring Home Health	(907) 357-3655

### Legal - Mediation

Glenn Cravez	(907) 276-3370
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### Legal Services

Alaska Bar Assoc. lawyer referral line	(907) 272-0532
Alaska Legal Services	(907) 272-9431
<a href="http://www.alaskalawhelp.org">www.alaskalawhelp.org</a>	
AK State Assoc. for Guardianship & Advocacy, (ASAGA)	(907) 444-4015
Adult Guardianship Help Line	(907) 264-0520
Disability law Center	(907) 565-1002
Fair Housing Rights	1-855-679-3247
Constance A. Aschenbrenner	(907) 334-9200
Ilona Besseney	(907) 278-2000
Michael Gershel	(907) 274-9099
Amrit Kaur Khalsa	(907) 277-1595
Kenneth Kirk	(907) 279-1659
Patrice Icardi	(907) 929-3032
Paula Jacobson	(907) 561-4905
Tonja Woebler	(907) 272-0024

### Loan Closets-Medical Equipment

Access Alaska	(907) 248-4777
Alzheimer's Resource of Alaska	(907) 561-3313
Hospice of Anchorage	(907) 561-5322

### Med-set Pharmacies & Medical Supplies

Geneva Woods	(907) 565-6100
Procure Medical Equipment	(907) 274-0770
Interior Medical Supply	(907) 561-8486

### Neurologists/Neuropsychologists

Alaska Neurology Center	(907) 565-6000
Coastal Neurology	(907) 563-4810
Frontier Health & Wellness (testing)	(907) 222-6606
Fuller Diagnostics (testing)	(907) 561-0552
Neurological Consultants of Alaska	(907) 277-1623
Peak Neurology	(907) 331-3640
Providence Behavioral Medical Group	(907) 212-6900
Paul Craig, Ph D	(907) 274-8200
Mo Hillstrand, AN P	(907) 263-2200

### Private Appointment Companions

Adaptive Care	(907) 440-7026 or (907) 333-7006
Anchorage Errand Service	(907) 312-8096
Care Interlink	(907) 306-7962
Caring Hearts Transportation Services	(907) 770-5486
Reliable Passenger Transportation	(907) 632-9939
Solstice ProCare	(907) 727-5828
Tracy's Loving Care Services	(907) 360-3369
Wheel-Trans	(907) 942-1090
Lisa Spencer	(907) 830-1971
Desiree Thurman	(907) 350-4887

### Referrals & Resources

Aging & Disability Resource Center (ADRC)	(907) 343-7770
Alaska211.org	211
Medicare Benefits Office ( <i>Nila Morgan at Anchorage Senior Activity Center</i> )	(907) 770-2070
Older Persons Action Group (OPAG)	(907) 276-1059

### Transportation Services (Formal)

Alaska Mobility Transit (medical rides)	(907) 250-1933
AnchorRides	(907) 343-6543
ASAP Transport	(907) 230-6536
Happy Day Transportation	337-7077 or (907) 744-7343
Lifemed-medical only	(907) 563-6633
Lutheran Social Services	(907) 272-0643
Quick Ride	(907) 332-0261
Sapphire Healthcare Transport	(907) 575-2222
United-Non-Emergency	(907) 222-7666

### Traveling/Zooming Professionals

Hairdresser-Cyndy Kroon	(907) 243-0343
Music therapy-Katie Husvar/Riversong	(503) 771-5541
Notary-Jennifer Higby	(907) 350-8979
Notary-Paul Medcoff	(907) 441-0332
Podiatrist-Dr. Klecka	(907) 223-3900
Reflexology-Mark Bell	(907) 229-4483
Therapy-Far North Health OT, PT, ST	(907) 917-0818
Therapy-Emily Byl/Well Haven OT	(907) 202-8448