



Alzheimer's
Resource
of Alaska



Professional Webinar:

Supporting Caregiver Well-being

Online Webinar

Tuesday, January 17

12:00 PM - 1:00 PM

[CLICK HERE TO REGISTER](#)

– OR –

Online Webinar

Thursday, January 26

6:00 PM - 7:00 PM

[CLICK HERE TO REGISTER](#)

Caring for a person living with dementia can be stressful. Come learn how to better support the family caregivers you serve. This webinar will highlight tools and resources caregivers can use for self-care, to build resiliency, and ultimately increase the quality of life for themselves and those for whom they care.

Free to attend! Registration required. Designed for professionals – open to anyone.

For more information or registration assistance contact

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