



**Alzheimer's
Resource
of Alaska**



Come learn the answers to:

When Does Forgetting Become a Worry?

Presented by Janice Downing, Educational Specialist with Alzheimer's Resource of Alaska

**Unalakleet
Community Center**

Tuesday, January 17

7:00 PM - 8:00 PM

Free to attend!

For more information:

Nikko Johnson

 [907-625-1656](tel:907-625-1656)

Have you ever walked into a room and forgotten why? As we age, we encounter many changes including changes with our memory. Some of these changes are “normal” and others are not. Learn about the different types of memory changes that occur as we age and, if there is a concern, how to facilitate conversations with your doctor and your family.

Free to attend! Share with friends and family.