



Alzheimer's
Resource
of Alaska



Caregiving 101:

Keeping Memories Alive

Online Webinar

Tuesday, March 7

1:00 PM - 2:30 PM

[CLICK HERE TO REGISTER](#)

Free to attend! Registration required.

– OR –

Wasilla – In-Person Class

Wednesday, March 8

1:00 PM - 2:30 PM

Free to attend! No registration required.

Memories and reminiscing bring us comfort and happiness. Unfortunately, as dementia progresses, some memories are better retained or hardwired than others.

Reminiscing offers comfort and meaning to our lives and helps us to reconnect with our past, present and future. Join us for creative, thoughtful, and entertaining ideas to keep special memories alive.

For more information or registration assistance contact

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