

**Minutes of the Alzheimer's Resource of Alaska  
Meeting of the Board of Directors**

<b>Date: Wednesday, November 16, 2022</b>		<b>Location: Alzheimer's Resource of Alaska, 1750 Abbott Rd., Anchorage</b>			
<b>Attendance Log of Board Members</b>			<b>Staff</b>		
✓	Sabrina Peterson - President	T	Lynda Hutchins	✓	Pamela Kelley
E	Jill Simek - Vice President	A	Melissa Liebner Martz	✓	Edith White
T	Kristin George - Secretary	T	Luann Lauesen	T	Jennifer Ivory
T	Fred Traber - Treasurer	T	George Borderieux	✓	Barb Seibel
T	Denise Daniello – Member at Large	T	Charlene Walker	T	Joan Adams
T	Larry Duffy	T	Sheryl Cook		<b>Guests</b>
<b>Key: ✓= Present    A=Absent    E=Excused Absence    T=Teleconference</b>					

**Call to Order:** Sabrina Peterson, President, called the meeting to order at 5:46pm with a quorum present.

**Agenda:** Sabrina called for a motion to adopt the Agenda. Fred Traber moved to adopt the Agenda, Kristin George seconded. The motion was passed unanimously.

**Minutes:** Sabrina called for a motion to approve the September 21, 2022 Minutes. Fred moved to approve the minutes. Kristin seconded. The motion passed unanimously.

**Committee Reports:**

**Finance Committee:** Fred Traber, Committee Chair, welcomed Barb Seibel who began work as Chief Financial Officer on Oct 10, 2022. He invited comments from Barb, who reported that she is almost caught up with FY22. Barb stated that we are ready to call the auditors for FY22. Barb also stated that expenses are where they should be going over the first quarter report, Fred reported that the Finance Committee has a recommendation & resolution regarding wages discuss in Executive Session. Copies of the FY22 year end report and FY23 Q1 reports are attached.

**Fund Development Committee:** Committee Chair Charlene Walker did not offer a report because the committee did not meet.

**Governance Committee:** Committee Chair George Borderieux, noted that the committee did not meet.

George reported that he spoke with Mike Walsh from The Foraker Group to follow up on the Board Training conducted this summer. Mike has not received all of the surveys from the board members. George asked board members to fill the surveys out before 12/31/2022. George also requested members review the Articles of Incorporation, By Laws and Procedures Manuals before 12/31/2022. These documents can be found on the Board section of the ARA website.

**Program Committee:** Committee Chair Denise Daniello reported for the committee, which met on Tuesday, November 15, 2022, included suggestions of ways to improve program sustainability.

- Charging a fee for webinars/ online trainings.
- Designing a member-base access portal to online trainings charging a monthly or annual fees, targeting providers.
- Exploring increase revenue through non-Medicaid waiver care coordination.

**Executive Committee:** Committee Chair Sabrina Peterson, reported on the committee meeting from 10/17/2022, Discussion included at that meeting focused on:

- Confirmation that the loan documents for the Northrim line of credit have been exerted.
- Barb will be helping move forward with finance committee now that she is back.
- The extent to which uncertainty around fiscal resources have been resolved, making it clear that ARA would not need to draw on the Northrim line of credit.
- Whether ARA should partner more with The National Alzheimer's Association.
- The Alaska Hospital and Nursing Home Association (ASHSNA) request for ARA to provide support, for the Nursing Licensure Compact Legislation that will be a legislative priority for ASHNHA in the 33<sup>rd</sup> Legislature.

**Mission Moment:** Education Specialist, Joan Adams from the Fairbanks office provided the Mission Moment. Joan shared a story about how ARA services in Fairbanks helped her client throughout the years, from the beginning stages before she had a diagnosis to her transition of care to a full-time care facility. The client started connecting with Joan in ATA in Dec 2010 with a memory screening. In 2011 she took the Savv Caregiver classes in support of another area resident. In 2013, she participated in other classes in the ABC's of Caregiving series. In 2014 she came back for another memory screening, and then began in Art Links for the

remainder of 2014 and has continued with Art Links through most of 2022. She received a min grant in 2016 after she had a verified diagnosis, then began participating in a Mind Matters support and education group from 2016- 2022. Finally, due to health issues she transferred from Fairbanks to Anchorage for further care. Over 12 years, ARA served this Alaskan to assure her best quality of life.

**Executive Director Report:** Pam reviewed highlights from her written report (attached). She pointed out that she may be out of office on leave when the Anchorage Mayor presents checks from the Mayor's Charity Ball, and suggested that a Board member would be very much appreciated to receive these funds. Sabrina indicated that she may be available. Dates for possible presentation occur on Dec. 5<sup>th</sup>, 12<sup>th</sup> or 13<sup>th</sup>.

**Old Business:** the elevator speeches that Board members agreed to presented were delivered by Luanne Lauesen and Sabrina, Substituting in for Jill Simek who was out of the country. Members offered positive feedback on the two elevator speeches Elevator Speeches: Luanne & Sabrina.

**New Business:**

**Board Gift:** The tradition of the Board is to extend a generous gift to the staff at the holidays in the form of an extra paid holiday day off. Larry Duffy remarked that he thought it was a good idea to continue the tradition for staff. Denise moved that a board holiday (paid holiday/ pro rata) be granted to staff this year; Fred seconded the motion. There were no objections during discussion and the motion passed unanimously.

**Nursing Licensure Compact Request:** The ASHNHA proposal that ARA support the legislation that would permit Alaska to participate in the Nursing Licensure Compact was included in the board's packet. Upon inquiry, Pam explained that she had several conversations with Jaren Kosin, E.D. for ASHNHA to learn more about the compact and its objective to increase the number of nurses who can practice in Alaska without awaiting licensure through the Board of Nursing, a process that takes months. This form of reciprocity across states does not diminish the State Board's supervision but speaks to the workforce shortages laid bare through the pandemic and projected to increase in future years. Board questioned why this bill didn't pass last year. Pam explained that the bill stalled largely based on opposition from the nursing union. Fred made the motion to support the Nursing Licensure Compact, Larry seconded the motion. Additional discussion ensued about whether the Commission on Aging had taken a position on the bill last year (they hadn't), and whether the Alaska Mental Health Trust had taken a position on the bill last session (unknown). Fred called the question, and the motion passed. Afterward, Board members indicated they would like to hear from Jared. Board would also like an update of the dates and times of these hearings as the matter moves forward in the legislature. .

**Holiday Plans:** : Pam announced that on December 15, 2022, there will be an all day staff meeting & followed by a holiday gathering at Bella Vista Pizzeria, located in Peters Creek, midway between our Anchorage and Mat-Su offices. Board members will be invited to attend.

**Announcements: None**

**Executive Session:**

- The Board adjourned to executive session at 7:10pm.
- The Board returned to regular session having adopted a Resolution (copy attached) to adjust wages for cost of living.

Respectfully submitted,

Edith White

Executive Assistant