



**Alzheimer's
Resource
of Alaska**



Talking Dementia

Life Story Reminiscing

Saturday, April 15

10:00 AM - 11:30 AM

[CLICK HERE TO REGISTER](#)

For more information:

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Our life stories can tell us who we are, why we are here, and what we are to do. However, when memory changes start to occur, life stories might start to become lost.

Join us as we talk about why it is important to tell life stories, what they involve, and how we can help ourselves and our loved ones to use them. We will explore different ways to engage with others through Life Story Reminiscing.

Free to attend! Registration required. Share with friends and family.