



Alzheimer's  
Resource  
of Alaska



Caregiving 101 Webinar:

# The Power of Art and Music in Dementia Care

**Tuesday, July 25**

1:00 PM - 2:30 PM

[CLICK HERE TO REGISTER](#)

**For more information or  
registration assistance:**

**Janice Downing**

✉ [jdowning@alzalaska.org](mailto:jdowning@alzalaska.org)

☎ [907-864-3408](tel:907-864-3408)

Decades of research have shown that creative arts can be extremely beneficial for people living with dementia. Whether individuals are newly diagnosed and experiencing minimal symptoms or have progressed in their dementia, engaging in music and arts can enhance communication skills and mood while reducing anxiety.

Join us to understand better why creative arts are such powerful tools and learn how to harness the power of music and art in your dementia care!

*Free to attend! Registration required. Share with friends and family.*