



Alzheimer's
Resource
of Alaska



Mind Sharpener™

for Alaskans worried about memory loss.
1-hour class, meeting twice weekly for 12-weeks

Wasilla – In-Person Class

Tuesday, January 16 –

Tuesday, April 16

10:00 AM - 11:00 AM

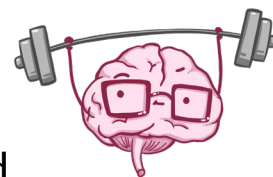
\$240 for a 12-week session.

Scholarships available.

*Pre-Screening required,
call for eligibility and registration.*

This full-brain workout is designed to help people strengthen and maintain the best brain function possible. This 12-week class focuses on exercising the six major cognitive areas of the brain:

- Memory
- Concentration
- Processing Speed
- Visual-Spatial Acuity
- Language
- Problem Solving



Space is limited - register today!

To register or for more information contact:

Kim Jung, ✉ kjung@alzalaska.org ☎ [907-746-3413](tel:907-746-3413)