



**Alzheimer's  
Resource  
of Alaska**



Cargiving 101 webinar

## **Challenging Behaviors**

**Anchorage – In-Person Class**

**Monday, March 11**

1:00 PM - 2:30 PM

*Free to attend! No registration required.*

– OR –

**Online Webinar**

**Tuesday, March 12**

1:00 PM - 2:30 PM

[CLICK HERE TO REGISTER](#)

*Free to attend! Registration required.*

Caring for someone with dementia can be hard when they begin to lose their sense of memory and language. Communication starts to take different forms and might include expression through challenging behaviors such as yelling, acting out, or withdrawing.

There is a reason! Learn how to rethink behaviors as forms of communication while strategizing appropriate responses.

**For more information or registration assistance contact**

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