Classes & Events around the State

Classes and events are being offered online via Zoom and are available to attend statewide. All classes listed below require registration.

CAREGIVING 101

For more information or registration assistance contact: 907-561-3313

Being a Friend: Staying Involved
Saturday, 7/11, 1pm - 2:30pm
REGISTER HERE
* OR *
Wednesday, 7/15
10:30am - 12pm
REGISTER HERE

Sleep & Dementia
Promoting a Good Nights Sleep
Monday, 7/13, 1pm - 2:30pm
REGISTER HERE

Alaska Legal Services Presentation
Monday, 7/20, 1pm - 2:30pm
REGISTER HERE

When Does Forgetting Become a Disease
Tuesday, 7/21, 5:30 pm - 7pm
REGISTER HERE

The Power of Music
Monday, 7/27, 1pm - 2:30pm
REGISTER HERE

Being the Decision Maker
Friday, 7/31, 1pm - 2:30pm
REGISTER HERE

Behaviors That Challenge
Monday, 8/3, 1-2:30pm
REGISTER HERE

Driving & Dementia
Saturday, 8/8
1:30pm
REGISTER HERE
* OR *
Wednesday, 8/12
10:30am - 12:00pm
REGISTER HERE

The Gems: Using Skills that Make a Difference
Monday, 8/10, 1p-2:30pm
REGISTER HERE

Home and Community Safety
Monday, 8/17, 1p-2:30pm
REGISTER HERE

Fall Prevention
Tuesday, 8/18, 3:30pm - 7pm
REGISTER HERE

Wandering and Dementia
Monday, 8/24, 1:30pm
REGISTER HERE

Vascular Dementia
Monday, 8/25, 1-2:30pm
REGISTER HERE

Assisted Living If, When, and How
Friday, 8/28, 1-2:30pm
REGISTER HERE

Healthy Body, Healthy Brain
Wednesday, 9/9
10:30am - 12:00pm
9/9 CANCELLED
* OR *
Saturday, September 12
1pm - 2:30pm
REGISTER HERE

Lifestory Reminiscing
Monday, 9/14, 1-2:30pm
REGISTER HERE

Medicaid Waiver
Monday, 9/21, 1-2:30pm
REGISTER HERE

Overview of Dementia
Friday, 9/25, 1-2:30pm
REGISTER HERE

Care for The Caregiver
Monday, 9/28, 1-2:30pm
REGISTER HERE

Follow us on Social Media for the latest information

Professional Webinars
Questions or registration assistance, contact:
Amber Smith: 586-6044 or asmith@alzalaska.org

Engaging People Living with Dementia
Tuesday 7/14, 12 pm - 1:00pm
REGISTER HERE

Engaging People Living with Dementia: The Environment
Tuesday 8/18, 12 pm - 1:00pm
REGISTER HERE

Engaging People Living with Dementia: Redirection
Tuesday 9/15, 12 pm - 1:00pm
REGISTER HERE

Mind Matters | Brain Works
Support for those who have been recently diagnosed with Alzheimer’s or related dementia, or those living with moderate memory loss, and their care partner.

Screening & Pre-registration required
For more info contact: Amy Becia at 907-561-3313 or email: abecia@alzalaska.org

Memory Cafe
To register contact: Ann Farris at 561-3313 or email: afarris@alzalaska.org
Thursday, 7/9, 1-2pm
Thursday, 8/13, 1-2pm
Thursday, 9/10, 1-2pm

Art Links
To register contact: Janice Downing at 746-3413 or email: jdowning@alzalaska.org
Thursday, 7/2, 1-1:45pm
Thursday, 7/16, 1-1:45pm
Thursday, 8/6, 1-1:45pm
Thursday, 8/20, 1-1:45pm
Thursday, 9/3, 1-1:45pm
Thursday, 9/17, 1-1:45pm

Brain Games
To register contact: Debbie Chulick at 907-561-3313 or email: dchulick@alzalaska.org
Thursday, 7/23, 1-2pm
Thursday, 8/27, 1-2pm
Thursday, 9/24, 1-2pm

Voices of the Last Frontier
Chorus program to support people with dementia and their care-partners
To register contact: Ann Farris at 907-561-3313 or email: afarris@alzalaska.org

Savvy Caregiver
Screening & Pre-registration required
To register contact: Gay Wellman at 907-822-5620 or email: gwellman@alzalaska.org
Saturdays, 9/12-10/17
10am-12:00pm

Statewide Support Groups Click here