Classes & Events around the State

Classes and events are being offered online via Zoom and are available to attend statewide. All classes listed below require registration.

**Professional Webinars**

Questions or registration assistance, contact: Amber Smith: 586-6044 or asmith@alzalaska.org

<table>
<thead>
<tr>
<th>Class Name</th>
<th>Date</th>
<th>Time</th>
<th>Registration Link</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The Power of Music</strong></td>
<td>Tuesday 10/20</td>
<td>12 pm - 1:00pm</td>
<td>REGISTER HERE</td>
</tr>
<tr>
<td><strong>Intellectual and Developmental Disabilities and Dementia</strong></td>
<td>Tuesday 11/17</td>
<td>12 pm - 1:00pm</td>
<td>REGISTER HERE</td>
</tr>
<tr>
<td><strong>Mouth Care Without the Battle</strong></td>
<td>Tuesday 12/1</td>
<td>12 pm - 1:00pm</td>
<td>REGISTER HERE</td>
</tr>
</tbody>
</table>

**Memory Café**

To register contact: Ann Farris at 561-3313 or email: afarris@alzalaska.org

- Thursday, 10/8, 1-2pm
- Thursday, 11/12, 1-2pm
- Thursday, 12/10, 1-2pm

**Art Links**

1-1:45pm

To register contact: Janice Downing at 746-3413 or email: jdowning@alzalaska.org

- Thursday, 10/1
- Thursday, 10/15
- Thursday, 11/5
- Thursday, 11/19
- Thursday, 12/3
- Thursday, 12/17

**Brain Games**

To register contact: Debbie Chulick at 907-561-3313 or email: dchulick@alzalaska.org

- Thursday, 10/22, 1-2pm

**End of Life Decision**

Friday, 12/4
1pm-2:30pm

**Grief and the Holidays**

Monday, 12/7, 1-2:30pm

**Activities of Daily Living**

Saturday, 12/12
1:00pm-2:30pm

**Creating Moments of Joy**

Tuesday, 12/15
5:30pm-7pm

**Support for those who have been recently diagnosed with Alzheimer’s or related dementia, or those living with moderate memory loss, and their care partners.**

**Screening & Pre-registration required**

For more info contact: Amy Becia at 907-561-3313 or email: abecia@alzalaska.org

- Tuesdays, 10/13-11/17
  5:30pm-7:30pm

**Brain Games**

To register contact: Debbie Chulick at 907-561-3313 or email: dchulick@alzalaska.org

- Thursday, 10/22, 1-2pm